

Description:

This course teaches how to manage injuries in the first few minutes of an emergency and illnesses until a professional help arrives. It includes General Principles of First Aid, Medical, & injury Emergencies, Optional topics include CPR and AED.

Contents:

CPR & AED

- CPR and AED for Adults
- CPR and AED for Children
- CPR for infants
- How to help a choking child
- Choking Management

First Aid Course

- Rescuer duties
- Victim and rescuer Safety
- Calling for help
- Sample for the First Aid Kit
- After the Emergency

Injury Emergencies

- Bleeding (Internal - External)
- Wounds
- Head and Back, Sprains
- Broken bones and sprains and strains
- Burns

Medical Emergencies

- Breathing problems
- Choking
- Bad allergic Reactions
- Heart Attack
- Fainting
- Diabetes and low blood sugar
- Stroke
- Seizures
- Shock

Training Staff:

Authorized Instructor from American Heart Association

Student material:

- Student workbook from AHA,USA
- Student CD from AHA,USA

Certification:

- Completion card from AHA, USA (Internationally recognized for each candidate who successfully completes the course.
- Certificate from Gulf CPR Training Institute, Kuwait Medical Association Training Center & SIH.

Course Duration: 1 day

Venue: Al Salam International Hospital
Auditorium, B1