

Hydroxy Acids/Glycolics) ,BHA (Beta Hydroxy Acids), or Retinoid gels or creams. A light water-based make up may be applied when necessary.

- Apply cool compresses to the treated areas to relieve swelling.
- Drink water regularly throughout the day.
- Avoid strenuous exercise and blood thinning medicines such as Aspirin.

Services offered to our clients in the clinic :

- Laser assisted hair removal for permanent reduction of unwanted hair.
- Mesotherapy for cellulite reduction, facial skin rejuvenation, stretch marks, and scalp hair loss.
- Chemical peeling to improve photo damaged facial skin, age spots, pigment irregularities, and fine wrinkles.
- BOTOX® for facial expression lines and hyperhidrosis (excessive underarm sweating).
- Dermal fillers to fill out facial lines and wrinkles, enhance lip volume and facial contouring
- Microdermabrasion to improve skin tone, texture, fine lines and superficial scars.

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بنيان الكفاح في شارع بورسعيد
Al Salam International Hospital
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Leaders of Excellence in Patient Care

Dermal Fillers

Ext. : 1047 - 1022

Dermatology



What are Dermal Fillers?

A dermal filler is a substance which is injected into the skin to plump it up, make it firmer and smooth out lines and wrinkles.

Are Dermal Fillers safe?

The dermal fillers we use (hyaluronic acid fillers) are extremely safe with a low incidence of allergic reaction. You can expect some degree of redness and swelling after the treatment, which usually clears up within 1-2 days. There is, however, a very small possibility of allergic reaction, which will be discussed with you when you visit the clinic for a consultation.

What does the treatment involve?

The filler is injected, sometimes without the need for local anaesthetic, into the lines and defects to plump them out. The filler remains in the skin where it binds water to produce a lift and firmness to the treated areas. In some cases, anesthesia in the form of topical ointment or nerve block injection can be used to make the procedure very tolerable.

How long does it take?

Treatments usually take around 30 minutes.

How long does it last?

This depends on the type of filler. For biodegradable (natural) fillers, the results can last three to six months but this varies from one person to another. The filler is gradually broken down and absorbed by the body, so the lines, wrinkles or lips will

ultimately return to their previous appearance without top up treatments.

There are now some semi-permanent or even permanent dermal fillers which produce long lasting results.

Generally speaking, we tend to avoid using semi-permanent and permanent fillers because some patients may develop an allergy to the product which cannot be removed except by surgical methods.

What can I have improved?

- Dermal fillers are used to fill out lines and wrinkles around your mouth, eyes, nose and forehead.
- Lips can be given a greater volume and fuller appearance by enhancing the lips to produce a better definition and reduction in lipstick bleed.
- Facial contouring for example, cheek and chin dimples, can be achieved using dermal fillers to smooth out the hollows and alter the facial contour. However, Dermal Fillers cannot be used for redundant infraorbital skin, or sagging and inward rotation of cheeks. These conditions may need a surgical facelift.

Are there any precautions or limitations?

Temporary gel fillers should not be used where a permanent implant has been placed. Patients should not expose the treated area to intense heat or extreme cold for the first few days after the treatment.

For the first 24-48 hours:

- Keep the treated area free of cosmetics and avoid using moisturizers that contain AHA (Alpha